



THE  
AU  
ARA

FOOD MENU

## NIBBLES

### **Chicken Melts £6** g. n.

*Bite sized chicken topped with mild cheddar, perfect accompaniment with drinks*

### **Crispy Crunch £4** ve. n.

*Fried khobez bread with fresh coriander and spices*

### **Spinach fatayer £5.95** v. n.

*Lebanese stuffed parcels filled with spinach and spices*

### **Jor Olives £4** n.

*Spicy tart chickpea snack with stuffed olives*

### **Skinny Fries £3.5** gf. ve.

*Deliciously healthy makeover of French fries*



## WINGS

### **Chicken Wings £6.95** hp. gf.

*Garlic & Lemon Seasoning*

### **Honey Glazed Wings £8.5** hp. n. gf.

*Glazed with honey & sesame*

### **Firecracker Wings £7.5** hp. sp. gf.

*Hot & Spicy wings*

*v. -vegetarian ve. -vegan hp. -high protein  
n. -nuts sp. -spicy gf. -gluten-free*

# STARTERS

## **Hummus** *ve. gf.*

*Delicious spread dip made from chickpeas, tahini paste, garlic, lemon & olive oil*

**Original** £5.5

**Firecracker** £6

**Beetroot** £6

## **Fattoush** £5.5 *ve. gf.*

*Authentic Lebanese salad mix of lettuce, tomato, cucumber, mixed pepper, radish, onion, croutons, sumac & lemon*

## **Batata Harra** £5.5 *ve. gf. sp.*

*Cubes of potatoes sautéed with garlic, coriander, sweet peppers, chillies & spices*

## **Falafel Croquettes** £6 *ve. gf. n. hp.*

*Chickpeas blended with broad beans & vegetables, served with sesame tahini sauce*

## **Halloumi** £6 *gf. hp.*

*Cypriot white cheese deep fried & served with bang bang sauce*

## **Cajun Spiced Potatoes** £7 *ve. gf.*

*Melt in mouth potatoes topped with house special cajun sauce*

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### **Kibbeh £7 n.**

*Minced lamb mixed with Bulghar wheat & filled with lamb mince, caramelised onions & pine nuts*

### **Crab Croquettes £10.95 gf. ne.**

*Spicy country crab cakes served with fig salad & balsamic glazed*

### **Golden Fried Prawns £10.95**

*Tempura prawns served with bang bang sauce. The Aura special*



## **WRAPS**

*(All wraps made with Lebanese bread, onion, lettuce, tomatoes, gherkins & garlic mayo)*

### **Falafel Wrap £6.5 ve. n. hp.**

*Deep fried chickpeas & fine herb croquettes*

### **Halloumi Wrap £6.5 v. hp.**

*Lightly fried premium halloumi cheese & herbs sprinkles*

### **Chicken Shish Wrap £7.5 hp.**

*Marinated grilled chicken breast cubes in Lebanese Tawook spices*

### **Lamb Kafta Wrap £8.5 hp.**

*Grounded mince lamb mixed with onion, parsley & blend of Lebanese kafta spices*

### **Lamb Shawarma Wrap £8 hp.**

*Grilled thin slices of marinated prime lamb in Lebanese spices & herbs*

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**Chicken Shawarma Wrap £7.5 hp.**  
*Grilled thin slices of marinated chicken breast in a blend of Lebanese spices*



## BURGERS

**Red Beets £8 ve. n.**

*Beetroot Bun, beetroot patty, lettuce, tomato, onion & beetroot mayo*

**Halloumi Burger £8 v.**

*Beetroot bun, halloumi, avocado, lettuce, tomato, cucumber & bang bang sauce*

**Spicy Chipotle Chicken Fillet Burger £9 hp.**

*Brioche bun, chicken fillet, lettuce, tomato, cheese & chipotle sauce*

**Awaken the Aura Burger £10 hp.**

*Charcoal bun, in-house lamb burger, lettuce, tomato, onion, chilli garlic & bang bang sauce*

**Deep Sea Burger £9 m. gf.**

*Brioche bun, Salmon & Haddock patty, lettuce, tomato, onion & herbs sauce*

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## MAINS

*(All mains served with salad or rice)*

### **Half Baby Chicken £10.95 hp. gf.**

*Marinated boneless baby chicken. The Aura special*

### **Mix Grill £13.95 hp. gf.**

*Chicken shish, lamb shish & kafta lamb skewers*

### **Chicken Shish £10.95 hp. gf.**

*Marinated grilled chicken breast cubes  
in Lebanese Tawook spices*

### **Lamb Shish £11.95 hp. gf.**

*Diced prime cuts of lamb marinated  
in Lebanese Tawook spices*

### **Kafta Lamb £11.95 hp. gf.**

*Grounded mince lamb mixed with onion,  
parsley & blend of Lebanese kafta spices*

### **Chicken Shawarma £10.95 hp. gf.**

*Grilled thin slices of marinated chicken breast  
in a blend of Lebanese spices*

### **Lamb Shawarma £13.95 hp. gf.**

*Grilled thin slices of marinated prime  
lamb in Lebanese spices & herbs*

### **Lamb Chops £14.95 hp. gf.**

*Grilled lamb cutlets in chef's special  
marinade served on batata harra*

### **King Prawns £14.95 hp. gf. n.**

*Grilled fresh water Tiger prawns served with  
bang bang sauce. The Aura special*

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## THE AURA SPECIALS

**Wild Heritage Mushrooms £7** *ve. n. gf.*

*Sauteed with garlic butter, garnished with chives served on Charcoal Bread*

**Chef's Special Vegetable Spring Rolls £6** *ve.*

*Blend of vegetables & served with herbs sauce*

**Chilly Sesame Potatoes £6** *n. ve.*

*Potatoes tossed with chilly garlic sauce, spring onions & sesame.*

**Chicken Chilly Sesame £9.95** *n.*

*Chicken tossed with chilly garlic sauce, spring onions & sesame*

**Rose Harrisa Chicken £9.95** *n.*

*Spicy chicken with bang bang sauce served on mini tortilla*

**Prawns Linguine £11.95**

*Blend of dill, crème fraiche, capers & prawns*

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