



THE  
AU  
ARA

FOOD MENU

## NIBBLES

### **Chicken Melts £6** g. n.

*Bite sized chicken topped with mild cheddar, perfect accompaniment with drinks*

### **Crispy Crunch £4** ve. n.

*Fried khobez bread with fresh coriander and spices*

### **Spinach fatayer £5.95** v. n.

*Lebanese stuffed parcels filled with spinach and spices*

### **Jor Olives £4** n.

*Spicy tart chickpea snack with stuffed olives*

### **Skinny Fries £3.5** gf. ve.

*Deliciously healthy makeover of Classic French fries*

### **Feta rolls £6** v.

*Filo pastry rolls, feta, onions, parsley, honey bang sauce*



## WINGS

### **Chicken Wings £6.95** hp. gf.

*Garlic & Lemon Seasoning*

### **Honey Glazed Wings £8.5** hp. n. gf.

*Glazed with honey & sesame*

### **Zesty Wings £7.5** hp. sp. gf.

*Hot & Spicy wings*

v. -vegetarian ve. -vegan hp. -high protein  
n. -nuts sp. -spicy gf. -gluten-free

## STARTERS

### **Hummus** *ve. gf.*

*Delicious spread dip made from chickpeas, tahini paste, garlic, lemon & olive oil*

<b>Original</b>	<b>£5.5</b>
<b>Zesty</b>	<b>£6</b>
<b>Garlic</b>	<b>£6</b>

### **Fattoush** **£5.5** *ve. gf.*

*Authentic Lebanese salad mix of lettuce, tomato, cucumber, mixed pepper, radish, onion, croutons, sumac & lemon*

### **Batata Harra** **£5.5** *ve. gf. sp.*

*Cubes of potatoes sautéed with garlic, coriander, sweet peppers, chillies & spices*

### **Falafel Croquettes** **£6** *ve. gf. n. hp.*

*Chickpeas blended with broad beans & vegetables, served with sesame tahini sauce*

### **Halloumi** **£6** *gf. hp.*

*Cypriot white cheese deep fried & served with bang bang sauce*

### **Cajun Spiced Potatoes** **£7** *ve. gf.*

*Melt in mouth potatoes topped with house special cajun sauce*

### **Pumpkin Kibbeh** **£7** *g. n. ve.*

*Deliciously made with Pumpkin, bulgur, onions and spices*

### **Chilly Sesame Potatoes** **£6**

### **Chicken Chilly Sesame** **£7**

### **Rose Harissa Chicken** **£7**

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### **Lamb Kibbeh £7<sup>n.</sup>**

*Minced lamb mixed with Bulghar wheat & filled with lamb mince, caramelised onions & pine nuts*

### **Crab Croquettes £10.95 <sup>gf. ne.</sup>**

*Spicy country crab cakes served with salad & balsamic glazed*

### **Golden Fried Prawns £10.95**

*Tempura prawns served with house sauce*



## **WRAPS**

*(All wraps made with Lebanese bread, onion, lettuce, tomatoes, gherkins & garlic mayo)*

### **Falafel Wrap £6.5 <sup>ve. n. hp.</sup>**

*Deep fried chickpeas & fine herb croquettes*

### **Halloumi Wrap £6.5 <sup>v. hp.</sup>**

*Lightly fried premium halloumi cheese & herbs sprinkles*

### **Chicken Shish Wrap £7.5 <sup>hp.</sup>**

*Marinated grilled chicken breast cubes in Lebanese Tawook spices*

### **Lamb Kafta Wrap £8.5 <sup>hp.</sup>**

*Grounded mince lamb mixed with onion, parsley & blend of Lebanese kafta spices*

### **Lamb Shawarma Wrap £8 <sup>hp.</sup>**

*Grilled thinly sliced lamb served with salad & mixed sauces.*

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n. -nuts sp. -spicy gf. -gluten-free*

**Chicken Shawarma Wrap £7.5 hp.**  
*Grilled thin slices of marinated chicken breast in a blend of Lebanese spices*



## BURGERS

**Red Beets £8 ve. n.**  
*Brioche Bun, beetroot patty, lettuce, tomato, onion & vegan beetroot mayo*

**Halloumi Burger £8 v.**  
*Brioche bun, halloumi, avocado, lettuce, tomato, cucumber & bang bang sauce*

**Spicy Chipotle Chicken Fillet Burger £9 hp.**  
*Brioche bun, chicken fillet, lettuce, tomato, cheese & chipotle sauce*

**Awaken the Aura Burger £10 hp.**  
*Charcoal bun, in-house lamb burger, lettuce, tomato, onion, chilli garlic & bang bang sauce*

**Deep Sea Burger £9 m. gf.**  
*Brioche bun, Salmon & Haddock patty, lettuce, tomato, onion & herbs sauce*

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n. -nuts sp. -spicy gf. -gluten-free*

## MAINS

*(All mains served with salad or rice)*

### **Whole Baby Chicken £13.95 hp. gf.**

*Marinated boneless baby chicken. The Aura special*

### **Mix Grill £13.95 hp. gf.**

*Chicken shish, lamb shish & kafta lamb skewers*

### **Chicken Shish £10.95 hp. gf.**

*Marinated grilled chicken breast cubes  
in Lebanese Tawook spices*

### **Lamb Shish £11.95 hp. gf.**

*Diced prime cuts of lamb marinated  
in Lebanese Tawook spices*

### **Kafta Lamb £11.95 hp. gf.**

*Grounded mince lamb mixed with onion,  
parsley & blend of Lebanese kafta spices*

### **Chicken Shawarma £10.95 hp. gf.**

*Grilled thin slices of marinated chicken breast  
in a blend of Lebanese spices*

### **Lamb Shawarma £13.95 hp. gf.**

*Grilled thin slices of marinated prime  
lamb in Lebanese spices & herbs*

### **Lamb Chops £14.95 hp. gf.**

*Grilled lamb cutlets in chef's special  
marinade served on fries*

### **King Prawns £14.95 hp. gf. n.**

*Grilled fresh water Tiger prawns served with  
bang bang sauce. The Aura special*

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n. -nuts sp. -spicy gf. -gluten-free*